

Congestive Heart Failure EDUCATION PROGRAM



**WEDNESDAY
MARCH 11, 2026
1:00PM**

VENUE:

**GENTRY PARK SENIOR LIVING
Activity Room
901 S. Hastings Drive
Bloomington, IN 47401**



GENTRY PARK
SENIOR LIVING



**GRACE
AT HOME**



**FOR MORE INFORMATION
PLEASE CONTACT:**

**Gentry Park Receptionist
(812) 668-1200**

Confidence Starts with Prevention

Join us for our **Congestive Heart Failure (CHF) Education Program**, an informative and supportive seminar presented by **Grace At Home** and focused on understanding CHF and reducing symptoms.

Learn about common symptoms, medications, heart-healthy diet tips, and when to notify nursing staff or health care provider. We'll also discuss daily habits like weight monitoring, low-salt eating, and important warning signs you shouldn't ignore.

Heart-healthy refreshments will be provided. Residents and their loved ones are encouraged to attend!